



MYGolf: Australia's National Junior Program

Written by Peter Knight

Want to be the inspiration for tens or hundreds or thousands of new golfers? The MYGolf program provides you with the tools to make a massive impact on the lifelong golfing enjoyment of young golfers.

As a Community Coach you are working with a program which is promoted and administered by Golf Australia, endorsed by the Australian Sports Commission and the R&A and also by all State Associations and Junior Golf Foundations. This is serious support for an excellent program.

While club golfers have handicaps and work at reducing it with play, practice and coaching, a MYGolf junior is able to work through a series of coaching and skill development stages to emerge as a player with skills which will instantly enable them to be good enough to attain a club handicap.

The programme itself follows a progressive structure, working through the different shots which have funky sounding names: Rip It (full swing), Roll It (putting), Chip It (chipping), Fly It (pitching), Blast It (bunkers) and Bend It (shot shaping). These are all the shots covered by much more advanced players and you can learn them too.

There are 10-week plans in each of the three categories: bronze, silver and gold. The coaching plans and subsequent practice allows your players to learn the skills to advance through five stages of skill levels in each of the three categories.

Moving through the stages and categories will take varying amounts of time and is linked to age, practice time, natural ability and coaching. Regardless of where they start, you will be integral in allowing them to enjoy the excitement of learning new shots and playing all their shots better.

The plans are easy to follow and the games-style of learning makes them easy to implement and enjoyable for the students.

Interested? Then make sure your club is a MYGolf Centre. Find out more at www.mygolf.org.au or call Golf Australia on 9626 5050.

You can encourage your junior players to register as a MYGolfer and pay a one-time fee of \$33.00. This will provide them with a starter pack which includes

- Bag Tag
- Membership Card
- Skills Challenge Chart
- *Prepare to Launch* Booklet
- Posters
- Certificates
- Access to a Personal MYGolf Profile Page and Games, Videos and Junior Resources
- Personal Liability Insurance
- Opportunity to participate in Skills Challenge Competitions

What are you waiting for? Get involved now and set some young players up to play the game of a lifetime! They will always remember you fondly for it.

Peter Knight is currently the Tasmanian National Coach and works closely with some of Golf Australia's National Squad Members. With around 30 years of coaching experience, 17 of which have been at state or national level, Peter is passionate about helping golfers who are really serious about developing their game. Find out more about Peter and his work by visiting the Golf Possibilities website – www.golfpossibilities.com.au

