



GOLF NSW HIGH PERFORMANCE PROGRAM (HPP)

1. BACKGROUND

In order for Australia to reach its potential in producing world class players and influence the growth of the game, Golf Australia needs the support of all the State Associations. It is Golf Australia's goal to have a strong integration process with the State HP programs to maximize all of our resources as we strive for common goals; and that the information provided to potential 'world class' players is consistent from their time in underpinning programs, through to their involvement in National Squad programs, teams and beyond.

2. NATIONAL PROGRAM

The State HP programs will be the driving force behind the success of the Golf Australia National HP program. Each of the State HP programs will together form the National program. Without a coordinated approach the success of the National program and its players will be extremely limited. While working closely with Golf Australia, each National Coach will be responsible for forming a world class team of service providers around the players of their respective HP programs. This will involve setting up the structure of the entire HP program from the underpinning to the elite level programs. Below are excerpts from the Golf Australia High Performance Guiding Principles document which provide some detail of the National High Performance Program and provide an insight into the possible design of the State's High Performance Program going forward.

3. VISION OF THE NATIONAL PROGRAM

The overall vision of the Golf Australia High Performance Program is to identify as early as possible Australia's most talented golfers and give them the best possible opportunities and world class resources to fully develop their potential on and off the golf course.

4. RATIONALE UNDERPINNING THE NATIONAL PROGRAM

Australia producing golfers who are capable of winning golf's Major Championships, Olympic medals and Top 100 World Ranking status is the most effective means to boost participation in the game and attract funding to the sport of golf in Australia, due to the publicity such success attracts.

If our athletes can reach their full potential, we believe Australia will enjoy continued and sustained success on the world stage. High Performance is the face of participation, the growth of the game from grassroots to the professional level is the driving influence behind a National program. Australia has some of the best resources in the world, from our sporting culture, coaches, sport science, sport medicine, weather, golf courses, competition, culture of success, and much more.

5. DIRECTION OF THE NATIONAL PROGRAM

The overall direction of the National High Performance Program going forward will be to focus the overall vision and strategy from a short term results orientated program to a long term holistic direction to better prepare our athletes for the elite amateur and professional level. The physical, technical, strategic and emotional processes will be evaluated at an earlier age so individual plans can be better established to better prepare our athletes for the long term. The process of long term development needs to begin at a much younger age to ensure our players are better exposed to the skills and resources needed to not only be a professional golfer but to have success at the National and International professional level.

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National and State tournaments such as the Interstate Series, club pennants, National ranking events and the World Amateur Team Championship play an important role in shaping our players' futures. However as we enter into a new decade of elite golf development in Australia it's important to start looking at developing our elite athletes into potential Major and Olympic Championship winners, PGA and LPGA Tour players and to look at these events as tools and not benchmarks. This is also in line with the way most of our elite amateurs view these events. Having a major or Olympic champion and a higher number of Top 100 players on the PGA or LPGA tour will have a bigger impact on the big picture of Australian golf in years to come. Success at the highest level will help the growth of the game, sponsorship opportunities, player development and the "give back" culture. These will be better served through the long term success of our athletes.

Given the limited number of elite Australian golfers who have the talent, work ethic and desire to enjoy success at a world class level, it's important that Golf Australia and the States run an integrated and coordinated HP program to maximize the potential of our most elite players. With limited resources across the country, and to mitigate against confusing our players, coaches, and key stakeholders, it's critical that across the country we run one HP program, coordinated across Golf Australia, State Associations, ALPG, APGA, Institute and Academy programs.

Our best young golfers need to focus on their long term development. This can mean going through swing improvements that short term mean higher scores but long term will produce a more fundamentally sound player who will increase their potential to compete and have success at the Major championship and Olympic level. Players who solely put loyalty to their Country, State, and club above their own long term development, often delay important developmental improvements until turning professional. But, by then their bad habits are ingrained and they're under the pressure of playing for their livelihood and they have missed a crucial developmental window to improve in areas of their game thus decreasing the chance of performing at their potential under the extreme pressure of elite professional golf.

While acknowledging the importance of representative golf at all levels, it is imperative if our goals are to produce World Top 100 players, Major and Olympic Champions that a long-term view be held by the player and all the key stakeholders associated with the player.

6. PURPOSE OF THE GOLF NSW HIGH PERFORMANCE PROGRAM (HPP)

The purpose of the Golf NSW High Performance Program is to work closely with Golf Australia to achieve the strategic outcome of producing "world class" players that are capable of winning Major Championships, Olympic Gold Medals and Top 100 players on the professional world rankings.

7. OBJECTIVES OF THE GOLF NSW HIGH PERFORMANCE PROGRAM (HPP)

The primary objective of the Golf NSW HPP is to identify and develop talented and committed NSW players and assist them maximise their potential on and off the course. Golf NSW will provide identified players opportunities to access quality coaching and training environments, nationally and internationally recognised sport science and sport medicine professionals, interstate travel and competition support, modern technologies and performance enhancement resources.

The Golf NSW HPP will produce players and NSW teams that are capable of winning National Championships and Rankings Events. Those players that meet national selection criteria will then have an opportunity to progress further up the elite player pathway and gain selection into Golf Australia National Squads and Australian Teams, thus gaining access to national and international training and competitions.

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8. GOLF NSW HPP PLAYER CATEGORIES AND DESCRIPTION

1. <u>Golf Australia National Squad Member</u>	Any player selected by Golf Australia into the National Squad each year or subsequently added to the squad during the 12 month period.
2. <u>Golf NSW Elite Squad Member</u>	Any player selected by Golf NSW into the Elite Squad each year or subsequently added to the squad during the 12 month period.
3. <u>Golf NSW Emerging Squad Member</u>	Any player who is aged 17-21 and is selected by Golf NSW into the Emerging Squad each year or subsequently added to the squad during the 12 month period.
4. <u>JNJG/Golf NSW Junior Elite Squad Member</u>	Any player who is aged 18 years old and under and is selected by Golf NSW into the Junior Elite Squad each year or subsequently added to the program during the 12 month period.
5. <u>JNJG/Golf NSW Talented Junior Development Squad Member</u>	Any player that is age eligible for the following years Junior Interstate Series (held in April annually) and is selected by Golf NSW into the Junior Development Squad each year or subsequently added to the squad during program period.

9. GOLF NSW HIGH PERFORMANCE PROGRAM SELECTION

The components used to select players for the Golf NSW HPP program are identified below;

Below are recommended benchmarks set by Golf Australia and Golf NSW to guide the selection of players into the State HPP. Golf NSW will use these benchmarks as a guide only and the final decision on selection will be made by the appropriate High Performance Staff and committees. The reason for this decision is that some players that reach these benchmarks may have been exposed to Golf NSW development programs previously and have not shown the commitment, desire or attitude required to reach an elite level, it is recommend those players not be selected into the HPP.

10. GENERAL BENCHMARKS AND SELECTION CRITERIA

Ranking:

At the time of selection, the athlete's most current ranking will be applied

Result:

Result components are valid for 12 months from the time they are achieved

Participation:

Participation components are valid for 12 months from the time they are achieved

General selection criteria as follows:

- Australian Citizen
- Players are selected for all Golf NSW HPP program levels based on their dedication to the process of reaching their full potential on and off the golf course and their potential ability to have success at National Amateur, International Amateur and professional level.
- All members must have completed secondary school or be in the process of completing secondary school.

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- Minimum standards must be maintained in order to maintain a position in all Golf NSW HP programs.
- Meet performance criteria.

11. BENCHMARKS AND SELECTION CRITERIA FOR NATIONAL SQUADS/ GOLF NSW ELITE AND EMERGING SQUADS AND JNNG JUNIOR ELITE SQUAD

Australian National Squad - Tier 1

(Players must meet two of the following criteria to gain selection)

Top 1 National Ranking
 Top 25 R & A World Ranking (men)
 Top 15 R & A World Ranking (women)
 Top 3 Asian Amateur (men)
 Top 16 of U.S Amateur or British Amateur Championship
 Top 30 at Australian Open
 Australian Amateur Champion

Australian National Squad - Tier 2

(Players must meet two of the following criteria to gain selection)

Top 2 National Ranking
 Top 50 R & A World Ranking (men)
 Top 25 R & A World Ranking (women)
 Top 5 Asian Amateur (men)
 Top 32 of U.S Amateur or British Amateur Championship
 Top 60 at Australian Open
 Top 2 Australian Amateur

Australian Junior Squad

(Players must meet two of the following criteria to gain selection)

Top 1 National Junior Ranking
 Top 10 National Ranking (men)
 Top 5 National Ranking (women)
 Top 100 R & A World Ranking (men)
 Top 50 R & A World Ranking (women)
 Top 10 Callaway Junior World's (boys)
 Top 5 Callaway Junior World's (girls)
 Top 32 of U.S Junior or British boys/girls Championship
 Top 64 of U.S Amateur or British Amateur Championship
 Top 16 at Australian Amateur (men)
 Top 8 Australian Amateur (women)
 Australian Junior Champion

Golf NSW Elite Squad

(Players must meet two of the following criteria to gain selection)

Top 10 National Ranking (men)
 Top 5 National Ranking (women)
 Top 100 R & A World Ranking (men)
 Top 80 R & A World Ranking (women)
 Winner of an Australian Men's or Women's National Ranking event (weighting 4 or higher)

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Top 16 of Australian Amateur (men)
 Top 8 of Australian Amateur (women)
 Qualify for match play portion of the U.S Amateur
 Qualify for match play portion of the British Amateur

- ✓ Players will be considered for selection into the Elite Squad at any stage during the program if they meet the above criteria. Rankings must be maintained for minimum of six weeks.

Golf NSW Emerging Squad (Players 17-21 years –Must be under 21 years old beginning January 1st of the program year)

(Players must meet two of the following criteria to gain selection)

Top 25 National Ranking (men)
 Top 15 National Ranking (women)
 Top 240 R & A World Ranking (men)
 Top 200 R & A World Ranking (women)
 Top 3 in Australian Men's or Women's National Ranking Event (weighting 4 or higher)
 Top 32 of Australian Amateur (men)
 Top 16 of Australian Amateur (women)

- ✓ Players will be considered for selection into the Emerging Squad at any stage during the program if they meet the above criteria. Rankings must be maintained for minimum of six weeks.
- ✓ Players can be selected into the Emerging Squad by the Golf NSW High Performance Committee at any time that does not meet the above criteria.

JNIG/Golf NSW Junior Elite Squad (Players 18 years and under- Must be under 18 years old beginning January 1st of the program year)

(Players must meet two of the following criteria to gain selection)

Top 10 National Junior Ranking (Boys)
 Top 5 National Rankings (Girls)
 Top 40 National Ranking (Men and Women)
 Top 300 R&A World Ranking (Men and Women)
 1st Junior Vardon/Junior Derrin Rankings
 1st in a National Junior Selection Event
 Top 32 Australian Amateur
 Top 5 Australian Junior Championships

- ✓ Players will be considered for selection into the Junior Elite Squad at any stage during the program if they meet the above criteria. Rankings must be maintained for minimum of six weeks.
- ✓ Players can be selected into the Junior Elite Squad by the Golf NSW High Performance Committee at any time that does not meet the above criteria.

12. GOLF NSW HIGH PERFORMANCE PROGRAM STAFF

Position	Name
High Performance Manger Male State Coach Golf Australia National Coach	Khan Pullen
Female State Coach	Dennise Hutton
Technical Consultant	Gary Barter
Physiotherapist	Matt Green
Strength and Conditioning	Chris Smith
3D Biomechanics	Ryan Lumsden
Sport Psychologist	John Crampton
Nutritionist	Joanne Turner

13. GOLF NSW HIGH PERFORMANCE PLAYER DEVELOPMENT PROGRAMS OVERVIEW

13.1 Golf NSW HP Elite and Emerging Program

The Elite and Emerging programs are distinguished by the different levels of interstate travel support.

13.1.1 Timing of Selection of Athletes

Golf Australia will name the National Squad members on November 1st each year. Golf NSW will name its Elite and Emerging Squad members after the National Squad has been named in mid/late November each year.

13.1.2 Program Duration

Golf NSW Elite and Emerging athletes will remain in the program for a period of 12 months commencing on January 1st and concluding on December 31st.

13.1.3 Athlete Review

Minimum standards must be maintained by an athlete to remain in the Elite and Emerging programs. Athlete's tournament participation and performances, National Rankings, dedication to the process of reaching their full potential on and off the golf course, compliance with reporting will be constantly reviewed. A player interview and assessment will be held bi-annually. Reports provided by the player's home based/primary coach, Golf Australia/Golf NSW service providers will all be taken in account when the review is conducted.

13.1.4 Training Program

As the Golf NSW Elite and Emerging programs are decentralised, the training will be a combination of camps, squad training sessions and individual coaching sessions with the player's home based/primary coach or Golf NSW High Performance Support Staff.

13.1.5 Individual Athlete Development Support (IADS)

There will be two streams of support for players in the Elite and Emerging program which will assist with;

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Coaching, Sport Science and Sports Medicine (SSSM)

- ✓ This is to support players with home based coaching, strength and conditioning, physiotherapy, sport psychology and other SSSM “projects” as identified in the athletes individual development plans.

✓

Interstate Competition Support

- ✓ In the main this funding is to be used by the squad members to attend National Championships or Interstate Nominated National Ranking events.

13.2 JNIG/Golf NSW Junior Elite Program

13.2.1 Timing of Selection of Athletes

Golf Australia will name the National Junior Squad members on November 1st each year. JNIG/Golf NSW will name its Elite Junior Squad members after the National Squad has been named in mid/late November each year.

13.2.2 Program Duration

JNIG/Golf NSW Junior Elite Squad will remain in the program for a period of 12 months commencing on January 1st and concluding on December 31st.

13.2.3 Athlete Review

Minimum standards must be maintained by an athlete to remain in the Junior Elite Squad. Athlete’s tournament participation and performances, National Rankings, dedication to the process of reaching their full potential on and off the golf course, compliance with reporting will be constantly reviewed. A player interview and assessment will be held bi-annually. Reports provided by the player’s home based/primary coach, Golf NSW service providers will all be taken in account when the review is conducted.

13.2.4 Training Program

As the JNIG/Golf NSW Junior Elite Program is a decentralised, the training will be a combination of, squad training sessions and individual coaching sessions with the player’s home based/primary coach or Golf NSW High Performance Support Staff.

13.2.5 Player Development Support

There will be two streams of support for players in the Junior Elite Squad which will assist with;

Sport Science/Sport Medicine

- ✓ This is to support players with identified individual SSSM development “projects”. Examples include physiological screenings, strength and conditioning programs and sport psychology.

Interstate Competition Support

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- ✓ In the main this funding is to be used by the squad members to attend National Championships or Interstate Nominated National Ranking events.

13.3 JNIG/Golf NSW Boys and Girls State Talented Junior Development Program

13.3.1 Selection of Athletes

Athletes that wish to be considered for selection into the State Talented Junior Development Program must attend the State Talent Assessment Camp (See 14.1 below). If a player that has been invited to this camp and is unavailable to attend, a letter must be written to the Golf NSW High Performance Manager outlining the reasons why the player is unable to attend.

13.3.2 Timing of Selection of Athletes

Golf NSW Selectors will name the members of squad after the completion of the NSW Junior State Talent Assessment Camp each year.

13.3.3 Program Duration

The program will run from June till the end of November each year.

13.3.4 Athlete Review

Player's dedication, commitment and performances will be constantly monitored during the program. Players can be added and removed at any time during the program. There is no formal review in this program.

13.3.5 Training and Competition Program

The training will be a combination of camps, squad training sessions and individual coaching sessions with the player's home based/primary coach.

Squad members will also be required to attend all squad sessions.

The competition program will be combination of major state based junior events and Vardon and Derrin competitions.

14. OTHER PLAYER DEVELOPMENT PROGRAMS

14.1 NSW Junior Boys State Talent Assessment Camp (u/18's Boys)

A three day live-in state talent assessment camp is held annually in late May/early June each year. The camp aims to identify potential members for the state talented player development program.

During the camp the players are exposed to and educated about the requirements to be an elite golfer.

Members of the Golf NSW High Performance Support Team attend the camp and deliver theoretical and practical sessions on mental and physical development, practice routines and tournament preparation. The players also have access to high performances technologies such as Trackman and Puttlab.

Highly accredited PGA coaches attend the camp to observe, assist and provide recommendations on the player's technical and strategic development.

Thirty Two boys are invited to this camp.

14.2 Regional Academy of Sport Program (RAS)

Jack Newton Junior Golf has partnered with the Academies of Sport (ASi) network to deliver golf programs at ten regional locations across NSW. The RAS programs target emerging elite junior athletes in their surrounding local government area and provide quality coaching and expose athletes to sport science, sports medicine and personal development opportunities throughout the program.

Jack Newton Junior Golf sees these programs as Regional Talent Identification Centres and look for athletes that have the potential to progress up the pathway into the state talent assessment camp and state talent development program.

14.3 Transition Program

Identified players are generally aged between 17-19 that are not currently a part of the Elite, Emerging and Junior Elite Programs.

The Golf NSW Selectors selects these players on the basis that with some support, the identified player has the potential to make the benchmarks for selection into a HP program.

15 Golf NSW Representative Teams

Golf NSW selects a number of representative teams throughout the year. The primary team event contested annually is the Men's, Women's, Boy's and Girl's Interstate Team Matches Championship conducted by Golf Australia. Although Golf NSW Representative Teams come under the Golf NSW High Performance umbrella, the selection of these teams is not covered within this document. For further information about team selection policy, please refer to the Golf NSW website.