



GOLF SCHOOLS by MELANIE BRYDEN

GO TO SCHOOL.... BECOME A BETTER PLAYER!!

THE COACH:

Golf Schools with Melanie Bryden, Blackwood Golf Club Assistant Professional

- 'A' PGA of Australia Member
- Former player on the European and USA Futures Tours
- Two time winner on the Australian ALPG Tour

DATES, TIMES AND SESSION CONTENT:

Monday 26th August, Friday 30th August, 9-12noon

Session 1 – Developing training plans, Statistics and Shot Routines

Monday 23rd September, Friday 20th September, 9-12noon

Session 2 – Confidence, Resilience and Developing Shortgame 'feel'

Monday 21st October, Friday 25th October, 9 -12noon

Session 3 – Back to Basics (how to heal yourself)

Monday 18th November, Friday 15th November, 9-12noon

Session 4 – Goal Setting, Warming up with efficacy & Playing with a purpose

Monday 9th December, Friday 13th December, 9-12noon

Session 5 – Putting it together on the course

WHY:

Sometimes we get distracted from our purpose, we lose focusing on putting the score together. Approach your game with a holistic view to improve your game and increase your enjoyment!

COST:

\$75 Blackwood Golf Club member, \$85 non member per session

INCLUDES light lunch, tea or coffee, and workbook to take home!

Max 6 spots available, 4 minimum required

HOW TO BOOK:

* Contact Mel to reserve your place on 0481 311 981 or

mbryden@pgamember.org.au or the Blackwood golf shop on 8388 2250.

Pre payment required at least one week in advance through the Blackwood golf shop.

* If you prefer a Saturday or Sunday date/s please contact Mel to discuss.

* Contact Mel for information regarding *beginner clinics*.

