



2016 "Girls into Golf" Camp

April 18th - 20th

Scotch College, Carruth Rd Torrens Park, SA

Hosted by Golf SA

The Mary Cudmore 'Girls into Golf' is a 'live in' camp hosted by Golf SA at Scotch College in April. The Boarding House facilities at Scotch College have recently been upgraded to very modern amenities including bedrooms, lounge & conference areas, gymnasium and pool.

Golf is a game for life, simply through participation it develops many good attributes required to live a healthy lifestyle.

This development camp is for girls only, aged from 10 to 14 years.

This Golf Camp is held over 3 days and 2 nights stay at Scotch College.

This camp is very much about the concept of golf and the skills required in playing the game. The following skills and topics will be covered;

Long Game/ Short Game / Chipping / Putting / Fitness / Game Play / Rules / Etiquette

Camp Program

DAY 1

9.00am Registration (Parent drop off at Scotch College)

9.30 - 11.30 / Golf Swing Concepts – Training Stations at Scotch College

11.45 - 12.15 / Lunch

12.30 to 5.00pm / Travel to the Par 3 at Nth Adelaide to play and then return to Scotch College by 5.00pm

6.00 - Dinner

7.00 - Games Night

9.30pm or earlier lights out

DAY 2

7.30am - Fitness Program

8.15 - Breakfast

9.00 -11.30 / Golf Swing Concepts – Training Stations at Scotch College

11.45 -12.15 / Lunch

12.30 - 5.00pm / Play 9 holes and then return to Scotch College by 5.00pm

6.00 Dinner

7.30 - Speech night with Guest Speaker

9.30pm or earlier lights out

Day 3

7.30am - Fitness program

8.15 - Breakfast

9.00 - 11.30 Basic Skill Challenge

11.45 - 12.15 Lunch

12.30 - 5.30 – Travel to North Adelaide for play (9 hole Event) then return

6.00pm – Camp close and parent pick up from Scotch College

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Government of South Australia
Office for Recreation and Sport

be active.

Camp fee includes

- All coaching
- Meals and accommodation
- Transport to golf courses
- Green fees
- Equipment if needed

Attendees need to bring

- Sleeping Bag or Doona, Pillow and Towel
- Neat casual sensible clothing suitable for the athleticism of golf is required
- Suitable footwear like sneakers or closed in shoes are also required

Camp Fee - Items

- Meals and Accommodation (2 nights/3 days) \$240.00
- Green Fees (3 rounds) \$ 30.00
- Coaching \$ 75.00
- Camp Security and incidentals \$ 30.00
- Bus Travel \$ 30.00

Sub-Total **\$405.00**
Less Golf SA subsidy per player - \$110.00
Final Camp Cost per player \$295.00

All enquiries to Golf SA on 82671353 or email admin@golfsa.com.au

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2016 The Mary Cudmore "Girls into Golf Camp" – Scotch College 18th - 20th April

Enrolment Form – Please return by Wednesday 30th March to Golf SA

Name _____ Date of birth _____
School _____ Yr level _____ School Contact Number _____
Email _____
Parent/Carer Name _____ Ph _____
Home Address _____ P/Code _____
Email for all Correspondence _____

Known Medical Conditions/Allergies _____

Emergency 1st Contact Name _____ Ph _____

Emergency 2nd Contact Name _____ Ph _____

I consent to my child's photo being published by Golf SA for promotional purposes. *Yes / No (circle) Signed*
_____ (Failure to complete this section, Golf SA assumes permission is granted)

Method of Payment : Cheque /Visa / Mastercard

Card Number ____/____/____/____ expiry date ____/____ CVN ____
Card Name _____ Signature _____

Please post payment of \$295.00 together with this form to Golf SA, PO Box 423, North Adelaide SA 5006.

All Enquiries to Golf SA on 82671353 or email admin@golfsa.com.au