



GOLF TASMANIA INC.

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MEMORANDUM

MEMO TO: All golfers

MEMO FROM: Stuart Eaton

DATE: 27 June, 2017

C.C.: Peter Bond
Christian Rainey

SUBJECT: **GOLF TASMANIA HOME HIGH PERFORMANCE SQUADS**

Golf Tasmania is pleased to advise that applications are being accepted for the tier three state high performance program which is aligned with and is a direct pathway to the Golf Australia high performance program.

The Golf Tasmania program aims to provide greater opportunities for developing players to access resources generally only available within elite player programs. This program will provide a pathway for players from a variety of playing standards to potentially progress through to state team selection, tiers two and one state and national high performance squads and national team selection.

In addition we are able to announce that the Golf Tasmania Home High Performance Squads will come under the guidance of Golf Australia National Coach-Tasmania, Christian Rainey, and that local PGA members will work as Primary and Home High Performance Coaches for the North West, North and South.

The role of the Home High Performance Coach will be to identify and invite players to join their home high performance squads (tier three), and through guidance from the Golf Australia National Coach-Tasmania conduct squad training, set individual training programs, set performance goals and coordinate access to other coaching and development resources for squad athletes.

Home squad athletes will be invited to at least two high performance training camps where attendees will be able to access benchmark testing (Trackman & PuttLab), as well as the opportunity to be coached by some of the nation's and industry's leading PGA Professionals.

Each home squad athlete will also be provided approximately four training sessions per year with their home squad which may include technical advice, strength and conditioning, sports psychology, sport nutrition and physio. There will be additional opportunities for state representatives to have one on one coaching with their primary PGA professional, home squad or state team coach.

Home squad athletes will gain entry into two selected state events as well as a squad uniform (shirt and cap), access to Trackman and ShotsToHole.com, and a squad bag tag. All of this with a value of over \$1000.00 for only \$200.00 per person.

ShotsToHole.com is the ultimate high performance golf statistics, analysis, training and player management tool designed to help golfers achieve their goals.

Analyse your game

Analyse your game with the innovative and patent pending What-if-Analysis™. Find the areas that will have the most effect on your score allowing you to practice with purpose and efficiency.

Goal tracking

Set goals in skills based on findings from What-if-Analysis™, or in any statistic you choose. Monitor your progress in key skills you are working on and maintain your focus toward score improvement.

Statistics

See your performance in all well known golf stats. Make clear comparisons to your own benchmarks or to other player categories, scores or handicaps.

Statistics by distance

Visualise your detailed performance statistics by the distances that you play from. Compare your performance to other player categories, scores or handicaps.

Charts

View detailed and interactive charts in all statistics. Save your favourite charts and settings for quick viewing.

Practice log

Record of your practice session activities, goals and results. Monitor your work-rate and maintain focus. Have a record of the preparation that has worked for you in the past.

Skills tests

Perform regular skills tests and keep check on whether you are improving.

Fast round entry

Entering your rounds is simple and fast. The most performance relevant statistics are calculated from minimal data entry. You can optionally record more detailed information about each shot if desired.

Round details

Optionally record many details such as swing thoughts, round notes and tournament details.

Mobile ready

Enter your rounds using our mobile web app. Simply sign-in to shotstohole.com from your mobile browser.



TrackMan Pro measures the full trajectory of any shot, from 5-yards pitches to 400-yards drives, pinpointing the landing position with an accuracy of 1 foot at 100 yards. Delivering state-of-the-art data without using any modeling, TrackMan Pro displays the shot's actual 3D trajectory together with 26 impact and ball flight data in real time.

Home squad athletes will be required to undertake an assessment prior to the announcement of the squads and will be expected to commit to attendance at both training session and state average events. A mid-season review of squad member performance and commitment will also be conducted.

As additional development opportunities, members will be eligible for selection for a number of interstate tournaments Golf Tasmania is invited to send representative players.

An application form for one of Golf Tasmania's home high performance squads is attached and should be completed and returned to Golf Tasmania before the close of business on July 14. Should you have any further questions or queries, please feel free to contact Golf House on (03) 6244 3600.

Regards

Stuart Eaton
OPERATIONS MANAGER