

<b>2018 TID Event / 9th – 12th October / North Adelaide GC / Murray Bridge GC</b>				
<b>Day 1</b>	<b>Tuesday 9th October – North Adelaide GC</b>	<b>Subject</b>	<b>Deliverer</b>	<b>Attendee Requirements</b>
9.00 - 9.30am	Registration		Services providers to Golf SA	Golf Equipment
9.30 – 11.00am	<b>Physiology for the Athlete</b>	Looking after the “Body”	<b>Greg Rosenbauer – Physio – GA Service Provider</b>	Sneakers/Joggers
11.00 – 11.20	Break		refreshments provided	
11.20 – 12.50	<b>Strength &amp; Conditioning / Nutrition &amp; Health</b>	Balanced Lifestyle	<b>Tony Checker – GA Service Provider</b>	
12.50 - 1.30pm	Lunch		lunch provided	
1.30 - 3.00pm	<b>Sports Psychology</b>	Mind / Sole / Reactions	<b>TBA – GA Service provider</b>	
3.00pm	Break		refreshments provided	
3.15 - 5.30pm	<b>9 holes</b>	Put into Practice		Golf Equipment
5.45pm	Close			
<b>Day 2</b>	<b>Wednesday 10th October – North Adelaide GC</b>	<b>Subject</b>	<b>Deliverer</b>	<b>Attendee Requirements</b>
9.00 - 9.30am	Registration / Group Allotment			Golf Equipment
9.30 - 10.30am	<b>Station Rotation</b>	Long/Pitching/Short	Golf SA Coaching Team - <b>Adrian/Jamie/ Braeden</b>	
10.30am	Break		refreshments provided	
10.40 - 11.40am	<b>Station Rotation</b>	Long/Pitching/Short	Golf SA Coaching Team - <b>Adrian/Jamie/ Braeden</b>	
11.40	Break		refreshments provided	
11.50 - 12.50	<b>Station Rotation</b>	Long/Pitching/Short	Golf SA Coaching Team - <b>Adrian/Jamie/ Braeden</b>	
12.50pm	Lunch		refreshments provided	
1.30 - 3.00pm	<b>Technologies</b>	Aim Point/ Club Fit/ Putt Lab	Golf SA Coaching Team – <b>Adrian/Braeden</b>	
3.30 - 5.00pm	<b>9 holes</b>	Put into Practice		Golf Equipment
5.45pm	Close			
<b>Day 3</b>	<b>Thursday 11th October – Nth Adelaide Par 3</b>	<b>Subject</b>	<b>Deliverer</b>	<b>Requirements</b>
9.00 - 10.00am	Rules & Etiquette 1hr	<b>New Rules online</b>	<b>Allan Telford</b>	Rule Book
10.00 - 10.30am	Break walk to the Par 3			
10.30 - 12.30pm	<b>Play 1st 18 holes</b>	Develop Short Game Skills	Golf SA Development Team	2 clubs and a putter only
12.30pm	Lunch			
1.15pm - 3.15pm	<b>Play 2nd 18 holes</b>	Develop Short Game Skills	Golf SA Development Team	2 different clubs and putter
3.45pm	Presentation			
4.00pm	Close			
<b>Day 4</b>	<b>Friday 12th October – Murray Bridge GC</b>	<b>Subject</b>	<b>Deliverer</b>	<b>Requirements</b>
6.45am	Meet at Nth Adelaide Golf Course			
7.00am	Board Bus to Murray Bridge Golf Club	Play in 18 Hole Junior Open	Golf SA Development Team	Own Golf Equipment
5.00pm	Arrive back at Nth Adelaide Par 3		Phil Smallwood will drive bus, booked with Budget	
6.00pm	Event conclusion	Parent Pick Up at the Par3	Event conclusion	