

'Girls Golf Camp'

Mon 15 - Wed 17 April 2019

Hosted by Golf Australia - SA at Scotch College, Carruth Rd Torrens Park



South Australia professional golfer - Stephanie Na

'Girls Golf Camp' is a 'live in' event hosted by Golf Australia SA at Scotch College in April. The Scotch College Boarding House offers modern facilities including extensive playing grounds, conference areas, gymnasium and pool.

Golf is a game for life, simply through participation it develops many good attributes required to live a healthy lifestyle.

This development camp is for girls only, aged from 10 to 14 years approx. It is optional for first year attendees to stay in at the camp overnight. Those not staying in, are expected to stay at camp until evening activities are completed.

This Girls Golf Camp is held over 3 days, with a 2 night stay at Scotch College.

This camp is very much about the concept of golf and the skills required to play the game. The following skills and topics will be covered: Long Game/ Short Game / Chipping / Putting / Fitness / Game Play / Rules / Etiquette.



CAMP PROGRAM

DAY 1

9.00am / Registration (Parent drop off at Scotch College)
9.30 - 10.10am / Golf Swing Concepts - Training Stations at Scotch College
10.25 - 12.15pm / Training Stations at Scotch College
12.30 - 1.00pm / Lunch
1.15 to 5.00pm / Travel to the Par 3 at Nth Adelaide to play and then return to Scotch College by 5.00pm
6.00pm / Dinner
7.00pm / Games Night
9.30pm or earlier / Lights Out

DAY 2

7.30am / Fitness Program
8.15am / Breakfast
9.30 - 10.10am / Golf Swing Concepts – Training Stations at Scotch College
10.25 - 12.15pm / Training Stations at Scotch College
12.30 - 1.00pm / Lunch
1.15 to 5.00pm / Travel to the Par 3 at Nth Adelaide to play and then return to Scotch College by 5.00pm
6.00pm / Dinner
7.30pm / Speech night with Guest Speaker
9.30pm or earlier / Lights out

Day 3

7.30am / Fitness program
8.15am / Breakfast
9.00 - 10.30am / Warm up for play day
10.45 - 11.30am / Travel to Adelaide Shores Golf Park
11.30 - 12.15pm / Lunch
12.15 - 5.00pm / Participate in the McCormack Autumn Cup, age divisions
5.30pm / Camp close and parent pick up from Wets Beach Parks Golf

Attendees need to bring

- Sleeping Bag or Doona, Pillow and Towel
- Neat casual sensible clothing suitable for the athleticism of golf is required
- Suitable footwear like sneakers or closed in shoes are also required

Camp fee includes

- All coaching
- Meals and accommodation (2 nights/3 days)
- Transport to golf courses
- Green fees (3 rounds)
- Equipment if needed
- Camp Security and incidentals

****ONLINE REGISTRATION & PAYMENT ONLY FOR THIS CAMP****

Option 1 - Final Camp Fee - \$395.00 for attendees staying overnight

Option 2 - Final Camp Fee - \$250.00 for first year attendees (only) who are not staying overnight

Register via the Golf Australia (SA) Website > www.golf.org.au/golfsa > Junior Events > April > 'Mary Cudmore Girls into Golf Camp'

REGISTRATIONS CLOSE 5.00pm Friday 5th April 2019

All Enquiries to Golf SA on 8267 1353 or email allant@golf.org.au