



FREESTYLE GOLF

What is Freestyle Golf?

Freestyle Golf is a fun, social golf program targeted but not limited to boys and girls aged 12-17 years old. The program aims to increase fitness through engaging games-based golf activities and physical exercises in non-traditional spaces.

Do I need to know how to play golf?

Nope! Freestyle Golf is welcome to everyone. Our instructors are beginner friendly and equipment is tailored to suit all skill levels.

How long will the program run for?

We're pretty flexible, 60-minute sessions, once a week for 5 weeks but it's up to you!

To find out more, email sabrinn@golf.org.au or call 03 9626 5000